

Freezing worms

- L1/L2 the best for freezing - have the highest survival rate
- Want a borderline starved plate
- Keep plates after washing - don't know if freezing worked the first time
- Set up one tube as a thaw control - thaw it after leaving in -80C overnight
- Use around 5ml of freezing solution to wash plates -> aliquot 1ml into screw cap tubes -> place in ice for around 30 min -> transfer to -80C freezer

From:

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Last update: **2019/11/25 17:10**

